

**AMENDMENTS TO THE SPECIFICATION  
PURSUANT TO 37 C.F.R. § 1.121**

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Referring now to Fig. 2a, Fig. 2b, Fig. 2c, Fig. 2d, Fig. 2e, Fig. 2f, Fig. 2g, and Fig. 2h, while not intended to limit the size and shape of possible protrusions, indentations and recesses and indentations, various alternate shapes of the protrusions, indentations and recesses are shown on a contact surface 36. Fig. 2a shows a cylindrical shaped protrusion 41a with a cylindrical shaped recess 42. Fig. 2b shows a hemispherical shaped protrusion 41b with a cylindrical shaped recess 42. Fig. 2c shows a hemispherical protrusion 41c without a recess. Fig. 2d shows a cylindrical protrusion 41d with a recess 42. Fig. 2e shows a conical shaped protrusion 41e without a recess. Fig. 2f and Fig. 2g show a conical shaped protrusion without and with a recess respectively. Fig. 2h is an example of an indentation, 44, into the contact surface, 36.